0:0:0.0 --> 0:0:2.710
Amy Fuchs
James has not actually started recording. OK?

0:0:2.760 --> 0:0:4.170
Amy Fuchs
It says it's recording now.

0:0:4.260 --> 0:0:4.650
Amy Fuchs
OK.

0:0:3.50 --> 0:0:7.990
Kathryn Kraus
But it might be the also had a they would.

0:0:11.410 --> 0:0:14.440
Kathryn Kraus
No, and it wouldn't work.

0:0:4.660 --> 0:0:15.90
Amy Fuchs
So just to start with anything you wanna tell me about yourself about your professional position again, just who you are and what you do and and your experiences.

0:0:16.90 --> 0:0:21.690
Kathryn Kraus
OK, so right now I am the coordinator for Central celebration company.

0:0:22.400 --> 0:0:27.390
Kathryn Kraus
Umm and I'm new here as of July 5th uh.

0:0:27.400 --> 0:0:31.90
Kathryn Kraus
Prior to that, I was teaching in the high School special education.

0:0:31.460 --> 0:0:40.270
Kathryn Kraus
So my experience, I'd be more familiar at this point with the high school students and what I experienced, you know, medication related.

0:0:38.450 --> 0:0:41.160
Amy Fuchs
Mm-hmm. Uh-huh.

0:0:41.40 --> 0:0:41.760
Kathryn Kraus
Umm.

0:0:42.320 --> 0:0:50.910
Kathryn Kraus
I have both my mother and father are in their late 80s and so, umm, they're doing pretty well.

0:0:50.920 --> 0:0:55.620
Kathryn Kraus
But my sister and I have definitely moved in and are taking care of a number of things there.

0:0:55.630 --> 0:1:1.390
Kathryn Kraus
They're back to California, so it's a long distance thing, so we've learned to coordinate well with that.

0:1:2.0 --> 0:1:10.290
Kathryn Kraus
So those are kind of my current medication related sagas that are going on at the moment.

0:1:11.960 --> 0:1:12.430
Amy Fuchs
OK.

0:1:12.440 --> 0:1:17.450
Amy Fuchs
So umm, I guess first in talking about the high school students that you used to teach.

0:1:17.30 --> 0:1:18.830
Kathryn Kraus
Nope, dear Carol.

0:1:17.680 --> 0:1:19.890
Amy Fuchs
What kind of things did you hear from the families?

0:1:19.900 --> 0:1:20.430
Amy Fuchs
What was?

0:1:20.720 --> 0:1:22.790
Amy Fuchs
You know what was that experience like?

0:1:22.800 --> 0:1:25.260
Amy Fuchs
Maybe managing during the day for them when they were with you.

0:1:25.270 --> 0:1:25.830
Amy Fuchs
Like what?

0:1:25.870 --> 0:1:26.290
Amy Fuchs
What?

0:1:26.330 --> 0:1:27.360
Amy Fuchs
What do you want to share about that?

0:1:27.930 --> 0:1:30.40
Kathryn Kraus
So there was two students in particular.

0:1:30.50 --> 0:1:37.250
Kathryn Kraus
One was diabetic and had he was autistic as well and had A and he had, yeah.

0:1:44.430 --> 0:1:44.660
Amy Fuchs
Umm.

0:1:38.270 --> 0:1:53.410
Kathryn Kraus
Lack of self control with rating the refrigerator for ports of ice cream in the middle of the night and so his levels were all over the place all day long and and that was very challenging.

0:1:53.600 --> 0:1:56.150
Kathryn Kraus
So you know, I worked very closely with the nurse.

0:1:56.160 --> 0:1:59.810
Kathryn Kraus
And, you know, she taught me how to give injections.

0:1:59.820 --> 0:2:9.0
Kathryn Kraus
And the parents were not providing the things that he needed at school to help him regulate.

0:2:9.440 --> 0:2:14.740
Kathryn Kraus
So you graduated about two or three years ago now, and I used these.

0:2:14.750 --> 0:2:21.600
Kathryn Kraus
In writing his bicycle around town, which is always reassuring, but it was just like on a daily basis, you know, are we going to live through this day?

0:2:19.840 --> 0:2:22.220
Amy Fuchs
Ah yeah.

0:2:21.710 --> 0:2:27.200
Kathryn Kraus
I mean I and my role is to take them off campus to community based vocational instruction.

0:2:27.490 --> 0:2:39.150
Kathryn Kraus
And I mean, he'd be down in the 60s and it was just very changes or way up, you know, so that the one that really stands out in my mind.

0:2:39.720 --> 0:2:40.180
Amy Fuchs
Umm.

0:2:39.260 --> 0:2:41.230
Kathryn Kraus
And I can't say that we found.

0:2:41.330 --> 0:2:41.900
Kathryn Kraus
Yeah.

0:2:42.300 --> 0:2:47.940
Kathryn Kraus
Putting out who were organized approach to managing that, it was very difficult without the family support.

0:2:47.650 --> 0:2:48.400
Amy Fuchs
Yeah.

0:2:48.970 --> 0:2:55.300
Amy Fuchs
When you did have to give him in Jackson and things like that, what kind of like law did y'all did the nurse keep a logging system?

0:2:55.310 --> 0:2:56.800
Amy Fuchs
Was it all paper and pen?

0:2:56.810 --> 0:2:58.900
Amy Fuchs
Like what kind of things did they do for that?

0:2:58.910 --> 0:3:0.250
Amy Fuchs
For communication back and forth.

0:2:59.160 --> 0:3:6.850
Kathryn Kraus
So yeah, I mean, luckily I never did have to give an injection, but they, you know, we we did frequent training.

0:3:6.860 --> 0:3:8.870
Kathryn Kraus
So I was it was fresh in my mind.

0:3:10.570 --> 0:3:10.790
Amy Fuchs
Umm.

0:3:9.40 --> 0:3:11.590
Kathryn Kraus
I'm not a nurse, you know? So something.

0:3:18.30 --> 0:3:18.400
Amy Fuchs
Right.

0:3:11.600 --> 0:3:18.940
Kathryn Kraus
I you know that I would remember how to do it without some constant repetition, but no.

0:3:19.180 --> 0:3:21.660
Kathryn Kraus
If it had gotten to that point, they would have kept it long.

0:3:22.240 --> 0:3:24.170
Kathryn Kraus
Umm, something like that.

0:3:24.700 --> 0:3:24.960
Kathryn Kraus
OK.

0:3:24.970 --> 0:3:26.230
Kathryn Kraus
We we never got to that point.

0:3:24.710 --> 0:3:27.0
Amy Fuchs
OK. Yeah.

0:3:29.200 --> 0:3:29.440
Amy Fuchs
OK.

0:3:26.620 --> 0:3:29.510
Kathryn Kraus
So yeah. Umm.

0:3:31.600 --> 0:3:34.60
Amy Fuchs
And then anybody else, as far as the students?

0:3:34.500 --> 0:3:36.110
Kathryn Kraus
Yeah, there was another one.

0:3:36.120 --> 0:3:37.220
Kathryn Kraus
Who she needed.

0:3:39.540 --> 0:3:44.340
Kathryn Kraus
She could become very aggressive without her medication and with her medication.

0:3:44.350 --> 0:3:54.70
Kathryn Kraus
She was an Angel and just perfect, but that was another one where there was a lack of support at home, was getting the prescription medication.

0:3:54.920 --> 0:3:58.270
Kathryn Kraus
She did turn 18 while she was under me and I didn't.

0:3:58.320 --> 0:3:59.950
Kathryn Kraus
You know, I was working on.

0:3:59.960 --> 0:4:11.400
Kathryn Kraus
It was close to her time of graduation, but what I was trying to work on, you know, with the families buy in was because she was fully capable of obtaining the those prescriptions on her own.

0:4:11.850 --> 0:4:12.130
Amy Fuchs
Umm.

0:4:11.590 --> 0:4:13.110
Kathryn Kraus
You know, she walked all over town.

0:4:13.120 --> 0:4:34.110
Kathryn Kraus
She could walk to go pick up the prescription because in that case there was a history of kind of schizophrenia among the parents and he's they were not providing her medication for her daily and I would call home and, you know, they would, they would correct the doctor and say, you know, of these four medications, she really only needs one.

0:4:34.770 --> 0:4:35.80
Amy Fuchs
Ah.

0:4:34.120 --> 0:4:47.250
Kathryn Kraus
And so and that really created a a safety hazard school because she would become quite aggressive and very volatile and totally unpredictable.

0:4:47.480 --> 0:4:50.790
Kathryn Kraus
So and it was just a matter of if she had the medication.

0:4:50.800 --> 0:4:59.780
Kathryn Kraus
So I was working on trying to they had bought like a trailer for her to Start learning to live on her own in the front of the house on the garage and the trailer.

0:5:0.250 --> 0:5:0.640
Amy Fuchs
Uh-huh.

0:5:1.50 --> 0:5:4.140
Kathryn Kraus
Like, yeah, there was also just like a filled issue in the family.

0:5:4.150 --> 0:5:11.300
Kathryn Kraus
And so I was trying to get her to, you know, put the medication where you can remember where it's going to be every day.

0:5:12.220 --> 0:5:12.620
Amy Fuchs
Umm.

0:5:11.310 --> 0:5:19.340
Kathryn Kraus
You know you're leaving your trailer and AM, but we had a Bunny rabbit running around and pooping all over the trailer and dirty clothes.

0:5:18.650 --> 0:5:19.430
Amy Fuchs
Ohh gosh.

0:5:19.350 --> 0:5:22.280
Kathryn Kraus
And so it was just like there was so many.

0:5:24.910 --> 0:5:25.350
Amy Fuchs
Uh-huh.

0:5:22.680 --> 0:5:30.920
Kathryn Kraus
So it was hard to know where to begin, but the medication was like #1 in my mind because that at least kept her and everybody else arrested us safe.

0:5:31.240 --> 0:5:31.790
Amy Fuchs
Uh-huh.

0:5:31.850 --> 0:5:35.560
Kathryn Kraus
And so that was kind of a struggle. Ah.

0:5:35.460 --> 0:5:39.80
Amy Fuchs
OK, well that was really nice of you to try to set up some kind of system for her.

0:5:38.100 --> 0:5:39.890
Kathryn Kraus
And then what do I use?

0:5:40.60 --> 0:5:41.200
Kathryn Kraus
Updates service.

0:5:41.230 --> 0:5:49.190
Amy Fuchs
I a lot of people are saying that they use those kind of location based systems, you know around the house like you said so.

0:5:47.610 --> 0:5:50.140
Kathryn Kraus
Now umm, but but it's still.

0:5:50.310 --> 0:5:51.870
Kathryn Kraus
Let's go.

0:5:51.310 --> 0:5:51.960
Amy Fuchs
That's.

0:5:51.880 --> 0:5:52.610
Kathryn Kraus
Go to.

0:5:52.30 --> 0:5:54.290
Amy Fuchs
That's sad that there was no support from the parents.

0:5:52.900 --> 0:5:54.300
Kathryn Kraus
It's gonna have to be about here.

0:5:54.530 --> 0:5:55.310
Kathryn Kraus
Go to scare.

0:5:55.170 --> 0:5:57.190
Amy Fuchs
Umm yeah?

0:5:55.380 --> 0:5:57.870
Kathryn Kraus
You the change in there.

0:5:58.980 --> 0:6:0.270
Kathryn Kraus
That was before, I think.

0:6:0.140 --> 0:6:1.640
Amy Fuchs
Anything else about the classroom?

0:6:3.340 --> 0:6:5.300
Amy Fuchs
Any other students or things like that?

0:6:5.800 --> 0:6:7.100
Kathryn Kraus
Medication.

0:6:11.970 --> 0:6:12.380
Amy Fuchs
Right.

0:6:17.970 --> 0:6:18.310
Amy Fuchs
Umm.

0:6:7.160 --> 0:6:19.0
Kathryn Kraus
I mean as as you you know, it was usually dependent upon the caregivers, you know, if they were, if they were there and couldn't help support and just kind of oversee and you know, just kind of be a backup.

0:6:25.560 --> 0:6:25.850
Amy Fuchs
Mm-hmm.

0:6:19.10 --> 0:6:27.390
Kathryn Kraus
I mean, a lot of them are independent enough to administers, you know, like you say, with a simple system as administered on their own.

0:6:27.920 --> 0:6:29.960
Kathryn Kraus
But a lot of times they're not given that opportunity.

0:6:30.950 --> 0:6:31.350
Amy Fuchs
Right.

0:6:30.950 --> 0:6:33.150
Kathryn Kraus
So it's all in the care of the caregiver is with them.

0:6:33.160 --> 0:6:34.40
Kathryn Kraus
We're just dependent upon.

0:6:35.180 --> 0:6:35.890
Kathryn Kraus
They're lovely.

0:6:35.900 --> 0:6:36.980
Kathryn Kraus
Competency was doing.

0:6:37.800 --> 0:6:38.390
Amy Fuchs
Yeah.

0:6:38.440 --> 0:6:38.850
Amy Fuchs
Yeah.

0:6:40.320 --> 0:6:42.960
Kathryn Kraus
Here you want this one, I don't know.

0:6:45.410 --> 0:6:46.30
Kathryn Kraus
Another country.

0:6:38.860 --> 0:6:50.860
Amy Fuchs
And that that, that that's really you know what we're looking at is what can we what can we do to make caregivers more confident, you know, to kind of turn some of that responsibility over.

0:6:50.480 --> 0:6:51.630
Kathryn Kraus
But umm.

0:6:58.60 --> 0:6:58.480
Kathryn Kraus
Alright.

0:7:1.20 --> 0:7:1.260
Kathryn Kraus
Umm.

0:6:50.870 --> 0:7:4.550
Amy Fuchs
And then also in addition to that, I know that there's a lot of education that needs to be done for the caregivers to say, I mean, we do tend to kind of baby that population a lot, you know and we think ohh if they can't do this and there's no way they'll manage.

0:7:4.560 --> 0:7:6.710
Amy Fuchs
You know, we we don't give them enough credit really.

0:7:6.720 --> 0:7:7.770
Amy Fuchs
And a lot of those skills.

0:7:7.780 --> 0:7:10.690
Amy Fuchs
So, umm, that's a tough age to work with.

0:7:11.0 --> 0:7:12.700
Amy Fuchs
Uh umm.

0:7:12.260 --> 0:7:19.510
Kathryn Kraus
But I know a lot of the, umm, like, especially particularly the the autism population, they have an internal clock.

0:7:17.240 --> 0:7:20.390
Amy Fuchs
Hmm. Right.

0:7:19.700 --> 0:7:21.910
Kathryn Kraus
I mean, it's like they know every day.

0:7:20.400 --> 0:7:22.520
Amy Fuchs
Yeah. Uh-huh.

0:7:21.920 --> 0:7:23.190
Kathryn Kraus
It's time to pack up.

0:7:23.200 --> 0:7:24.130
Kathryn Kraus
It's time for lunch.

0:7:25.160 --> 0:7:25.650
Amy Fuchs
Umm.

0:7:24.140 --> 0:7:28.670
Kathryn Kraus
It's time, you know, and so I'm sure that they could integrate the it's time for my medication.

0:7:29.200 --> 0:7:29.640
Amy Fuchs
Right.

0:7:29.480 --> 0:7:32.190
Kathryn Kraus
You know, we could use that internal clock as a strength.

0:7:31.720 --> 0:7:34.70
Amy Fuchs
Umm. Yeah, yeah.

0:7:34.780 --> 0:7:37.290
Amy Fuchs
OK, So what about caregiving for your parents?

0:7:37.300 --> 0:7:38.870
Amy Fuchs
How is that going and what?

0:7:38.880 --> 0:7:40.450
Amy Fuchs
What kind of systems are you using?

0:7:40.460 --> 0:7:42.40
Amy Fuchs
I no long distance is difficult but.

0:7:42.970 --> 0:7:52.30
Kathryn Kraus
So my mother has very low vision, so we've recently convinced my dad, who's been trying to do this at 87 years old.

0:7:52.40 --> 0:7:54.960
Kathryn Kraus
He's been trying to care for her and everything else in the home.

0:7:54.970 --> 0:8:5.160
Kathryn Kraus
They live, they live independently in their own house, and so my sister and I were able to convince him to at least interview somebody to help a little bit around the house.

0:8:5.170 --> 0:8:8.250
Kathryn Kraus
So as it turned out, she came over like one day.

0:8:8.260 --> 0:8:10.10
Kathryn Kraus
My dad was like, this is great.

0:8:10.20 --> 0:8:13.230
Kathryn Kraus
I, you know, like his, you know, he he was very, very reluctant.

0:8:13.410 --> 0:8:16.120
Kathryn Kraus
After one day, he was like, Oh my God, my sanity back.

0:8:16.480 --> 0:8:17.300
Amy Fuchs
No. Good.

0:8:19.320 --> 0:8:20.0
Amy Fuchs
Oh, wow.

0:8:16.130 --> 0:8:24.110
Kathryn Kraus
And so, anyway, she's now coming five days a week and and the the Medicare is paying for it because of the low vision.

0:8:24.120 --> 0:8:27.910
Kathryn Kraus
So they they didn't know any of these resources were available to them.

0:8:28.160 --> 0:8:29.610
Kathryn Kraus
So that's been great.

0:8:30.460 --> 0:8:42.170
Kathryn Kraus
The problem so the problem we were running into is you know they're very vulnerable and at that age and with a caregiver, I mean, we've met her, but we don't know her.

0:8:42.520 --> 0:8:47.510
Kathryn Kraus
So we're very protective of our parents and my dad is.

0:8:48.380 --> 0:8:48.710
Kathryn Kraus
Hold on.

0:8:48.720 --> 0:8:51.400
Kathryn Kraus
Let me about to lose my battery here.

0:8:51.770 --> 0:8:52.90
Amy Fuchs
Oh.

0:8:52.640 --> 0:8:56.390
Kathryn Kraus
I forgot I was like, you know, OK, good to go. Umm.

0:8:56.990 --> 0:9:1.230
Kathryn Kraus
So uh, he is a little forgetful too.

0:9:1.240 --> 0:9:7.370
Kathryn Kraus
So he was, you know, talking with the caregiver about financial things.

0:9:7.380 --> 0:9:12.190
Kathryn Kraus
And so when we caught wind of that, you know what? What?

0:9:17.770 --> 0:9:18.70
Amy Fuchs
Uh-huh.

0:9:12.200 --> 0:9:18.410
Kathryn Kraus
My sister and I did we we and then there was an extra minutes being charged here and there and we were like no.

0:9:19.180 --> 0:9:27.490
Kathryn Kraus
So we contacted the caregiver like in a group message with my sister and I and my dad just said we are not tracking extra minutes anymore.

0:9:27.500 --> 0:9:31.420
Kathryn Kraus
You do what you need to do to make sure your time it's with an 8 to 4.

0:9:31.430 --> 0:9:40.400
Kathryn Kraus
You know, if you have documentation or whatever it needs to be done or you need to start packing up early because my mom talks so long, you know, write a, you know, just figure that into your time.

0:9:40.410 --> 0:9:41.300
Kathryn Kraus
But it's eight to four.

0:9:41.360 --> 0:9:49.700
Kathryn Kraus
No extra minutes, So what we told my dad was do not discuss anything financial with the caregiver.

0:9:49.710 --> 0:9:53.670
Kathryn Kraus
You just keep it nice and and we'll be the bad guys.

0:9:53.940 --> 0:9:56.30
Kathryn Kraus
So we're the we're the HR department.

0:9:54.20 --> 0:9:56.780
Amy Fuchs
Right, yeah.

0:9:56.340 --> 0:9:57.10
Kathryn Kraus
So.

0:9:57.740 --> 0:10:5.610
Kathryn Kraus
So that's how we've handled it and we send everything in the group text so that there's not one conversation going on over here with my dad and other one going on in here.

0:10:11.650 --> 0:10:11.870
Amy Fuchs
Mm-hmm.

0:10:5.670 --> 0:10:18.230
Kathryn Kraus
So we told her if you have any concerns about any of this, send it in this group message so that it's all transparent and will be the bad guys so that they can keep it nice between them.

0:10:16.810 --> 0:10:19.560
Amy Fuchs
Umm yeah.

0:10:18.440 --> 0:10:23.220
Kathryn Kraus
You know, so that's one way that we managed it stop.

0:10:22.620 --> 0:10:23.560
Amy Fuchs
Yeah, that's hard.

0:10:23.570 --> 0:10:30.190
Amy Fuchs
That the caregiving you just it's hard to bring people in and out of your house and and not know, you know, and and they're so lonely.

0:10:30.200 --> 0:10:32.930
Amy Fuchs
I mean they they're happy to have somebody to talk to, you know?

0:10:32.710 --> 0:10:33.120
Kathryn Kraus
Yes.

0:10:33.130 --> 0:10:35.430
Kathryn Kraus
And they and they loose lips, you know.

0:10:32.940 --> 0:10:38.930
Amy Fuchs
So it's and they do, they do, they do ohm.

0:10:39.80 --> 0:10:40.450
Amy Fuchs
So how are so?

0:10:40.460 --> 0:10:43.250
Amy Fuchs
Is the caregiver now, like managing medication and your mom?

0:10:43.260 --> 0:10:46.400
Amy Fuchs
Is she on medication and she taking care of that?

0:10:45.310 --> 0:10:47.930
Kathryn Kraus
A she is.

0:10:54.80 --> 0:10:54.250
Amy Fuchs
Uh.

0:10:47.940 --> 0:10:54.790
Kathryn Kraus
I'm not sure that's a good question I should ask about that because I know my dad has been taking care of all of that until now.

0:10:54.860 --> 0:10:55.990
Kathryn Kraus
That's a really good question.

0:10:57.450 --> 0:10:57.670
Amy Fuchs
Yeah.

0:10:56.0 --> 0:11:3.600
Kathryn Kraus
I'm gonna ask my dad if he's given over any of those responsibilities because I know he was very, very protective of being the only one to administer that to her.

0:11:2.700 --> 0:11:4.380
Amy Fuchs
Right, right.

0:11:4.600 --> 0:11:5.130
Kathryn Kraus
That's a great.

0:11:4.480 --> 0:11:7.530
Amy Fuchs
So I'm guessing that he probably uses like a pill box.

0:11:11.660 --> 0:11:11.960
Kathryn Kraus
Umm.

0:11:7.540 --> 0:11:13.140
Amy Fuchs
Just a traditional pill box and and keeps up with the times and when she's supposed to take it.

0:11:13.420 --> 0:11:13.830
Kathryn Kraus
Mm-hmm.

0:11:13.840 --> 0:11:15.480
Kathryn Kraus
Yeah, he's been really, really good about that.

0:11:16.20 --> 0:11:16.820
Amy Fuchs
Yeah, yeah.

0:11:19.160 --> 0:11:26.450
Amy Fuchs
So if he were it, I mean, because I know you said he'd text and you do group text and things like that with him.

0:11:27.40 --> 0:11:27.550
Amy Fuchs
Would he?

0:11:30.480 --> 0:11:31.570
Kathryn Kraus
There was one in poppies.

0:11:27.560 --> 0:11:31.930
Amy Fuchs
Do you think he would be open to using something like if there were a reminder on his phone or something?

0:11:31.940 --> 0:11:33.970
Amy Fuchs
You know what time she needs to take something?

0:11:38.80 --> 0:11:38.300
Kathryn Kraus
Mm-hmm.

0:11:33.980 --> 0:11:49.20
Amy Fuchs
I know a lot of times it's, you know, waking in bedtime or it's at meal times, but then you know when the when the schedules get more complicated every three hours or every four hours is when those, you know, kind of thing for reminders because he's able to use a phone and text.

0:11:49.420 --> 0:11:50.760
Amy Fuchs
Would he use something like that?

0:11:50.770 --> 0:11:53.80
Amy Fuchs
Do you think it was really simple?

0:11:53.230 --> 0:11:54.340
Amy Fuchs
I'm just curious, you know.

0:11:51.600 --> 0:11:58.50
Kathryn Kraus
Let me ask him, I think it at this point he would probably be defensive, that he doesn't need that.

0:11:57.230 --> 0:11:58.270
Amy Fuchs
Right. Mm-hmm.

0:11:58.480 --> 0:12:2.830
Kathryn Kraus
But but he is, he is recognizing that he's becoming more and more forgetful.

0:12:3.240 --> 0:12:3.850
Amy Fuchs
Umm.

0:12:6.680 --> 0:12:7.130
Amy Fuchs
Yeah.

0:12:2.840 --> 0:12:7.190
Kathryn Kraus
So I could let me throw that out to him and I can let you know what his response to that is.

0:12:7.140 --> 0:12:16.710
Amy Fuchs
I mean, we haven't created anything yet, but that's something we're kind of again because we are looking at this, this population, you know, like I said with cognitive disabilities.

0:12:16.720 --> 0:12:27.790
Amy Fuchs
But we do know just through our work that a lot of that transfers over to people as they age, and especially because right now our aging population is also that population who didn't grow up with technology, you know.

0:12:27.890 --> 0:12:28.110
Kathryn Kraus
Mm-hmm.

0:12:27.800 --> 0:12:33.350
Amy Fuchs
And so when when we're aging, it's going to be very different, you know, because we were using it as we're younger.

0:12:33.360 --> 0:12:46.250
Amy Fuchs
But so yeah, it's just something just curious about it and you know again, we're gonna first be targeting that that younger population as they go into adulthood and stuff, but but it is interesting.

0:12:46.260 --> 0:12:51.90
Amy Fuchs
I wonder cause like my grandmother's 93 and she's like she uses her phone for calling.

0:12:52.0 --> 0:12:52.240
Kathryn Kraus
Mm-hmm.

0:12:51.100 --> 0:12:53.270
Amy Fuchs
Basically, you know, I mean her cell phone.

0:12:53.280 --> 0:12:56.930
Amy Fuchs
She doesn't text, she doesn't use reminders and those kind of things.

0:12:56.940 --> 0:13:1.380
Amy Fuchs
So you know, it's just different for each one of them. Umm.

0:13:1.300 --> 0:13:1.830
Kathryn Kraus
But you will.

0:13:9.800 --> 0:13:10.160
Amy Fuchs
Uh-huh.

0:13:1.840 --> 0:13:10.390
Kathryn Kraus
I know, like when we had a he he was trying to get her like a release of information for my sister and I to be able to talk with the healthcare providers.

0:13:13.670 --> 0:13:15.920
Amy Fuchs
Yeah, right.

0:13:10.400 --> 0:13:17.580
Kathryn Kraus
And that took him like 2 days to get the link opened, you know, and just talking to several people and.

0:13:17.690 --> 0:13:18.20
Kathryn Kraus
Yeah.

0:13:18.710 --> 0:13:18.930
Amy Fuchs
Yeah.

0:13:18.30 --> 0:13:20.240
Kathryn Kraus
So that's definitely an issue, yeah.

0:13:25.200 --> 0:13:25.570
Kathryn Kraus
Hmm.

0:13:21.190 --> 0:13:27.170
Amy Fuchs
I know and and again trying to teach somebody how to do that long distance is really hard too.

0:13:25.610 --> 0:13:27.330
Kathryn Kraus
Yeah, yeah.

0:13:27.180 --> 0:13:27.990
Amy Fuchs
That's not easy.

0:13:28.0 --> 0:13:33.70
Amy Fuchs
We do a lot of that here, you know, virtually for people and it's kind of frustrating.

0:13:33.80 --> 0:13:36.390
Amy Fuchs
You just want to reach through and grab the phone for them and and show them how to do it.

0:13:36.820 --> 0:13:37.160
Amy Fuchs
You know.

0:13:35.420 --> 0:13:37.580
Kathryn Kraus
But yeah. Uh-huh.

0:13:38.870 --> 0:13:39.40
Amy Fuchs
Yeah.

0:13:39.50 --> 0:13:46.350
Amy Fuchs
Well, that's really helpful when umm and thinking back just again to like the classroom.

0:13:46.400 --> 0:13:49.910
Amy Fuchs
Uh, the same kind of question with those students, if they, you know.

0:13:52.300 --> 0:13:58.630
Amy Fuchs
Regardless of if they had the family support at home, maybe if, like you were able to help them with programming something on their phones.

0:13:58.640 --> 0:14:1.470
Amy Fuchs
I mean, I think they probably all have cell phones now.

0:14:1.690 --> 0:14:1.920
Kathryn Kraus
Mm-hmm.

0:14:1.600 --> 0:14:8.770
Amy Fuchs
It you know then using those kind of reminders and things like that, you know, do you think they would be open to that?

0:14:8.780 --> 0:14:10.710
Amy Fuchs
Do you think they would have used something like that or?

0:14:15.730 --> 0:14:15.990
Amy Fuchs
Umm.

0:14:11.620 --> 0:14:22.110
Kathryn Kraus
I mean, that was always the first thing that I suggested was let's set phone alarms on the phone and for some reason I would say like 95% of them were totally reluctant.

0:14:22.600 --> 0:14:23.60
Amy Fuchs
Right.

0:14:26.140 --> 0:14:26.380
Amy Fuchs
Yeah.

0:14:22.160 --> 0:14:28.510
Kathryn Kraus
I mean when I suggested it, they would be like, OK, you know, and then I'd be like, did you set in reminder?

0:14:32.270 --> 0:14:32.580
Amy Fuchs
Umm.

0:14:36.300 --> 0:14:36.540
Amy Fuchs
Yeah.

0:14:42.840 --> 0:14:44.200
Amy Fuchs
Umm yeah.

0:14:48.580 --> 0:14:49.10
Amy Fuchs
Uh-huh.

0:14:28.560 --> 0:14:55.0
Kathryn Kraus
No, I'm like set a reminder right now then if you've forgotten it, I will and you know like that you could just tell there was, I don't know if it's peer pressure or umm, I I don't know what the answer is, but I know they were not super receptive to setting alarms although you know it seemed like the lower level they were the more receptive they would be to it and and the more aware they were maybe one of the people were thinking is my only thing I could think about I don't know.

0:14:55.510 --> 0:14:57.220
Amy Fuchs
Yeah, yeah, it could be well.

0:14:57.230 --> 0:15:11.290
Amy Fuchs
And that too, I mean, we know that there needs to probably be some kind of reward, you know, or and kind of reinforcement, you know connected to it like a game or something.

0:15:11.300 --> 0:15:20.30
Amy Fuchs
And so, you know, that's another thing we're looking at because I know that there are those students who who just crave that kind of reward and and praise.

0:15:22.340 --> 0:15:22.580
Kathryn Kraus
Umm.

0:15:20.40 --> 0:15:24.150
Amy Fuchs
And then there are those students that don't care, you know, and don't need that from other people.

0:15:24.160 --> 0:15:29.150
Amy Fuchs
So that's why I was just curious, just the one she worked with, especially because they don't have support from home.

0:15:29.740 --> 0:15:31.790
Amy Fuchs
You know, maybe they would.

0:15:31.800 --> 0:15:36.130
Amy Fuchs
They would be the ones exactly that would need something like this, even if they set it up on their own.

0:15:37.90 --> 0:15:37.340
Kathryn Kraus
Mm-hmm.

0:15:36.140 --> 0:15:38.150
Amy Fuchs
You know, at some point.

0:15:38.160 --> 0:15:40.870
Amy Fuchs
So OK, well, that's really, really helpful.

0:15:41.180 --> 0:15:44.910
Amy Fuchs
Umm, I know you haven't been in your new job for very long.

0:15:44.920 --> 0:15:52.830
Amy Fuchs
I'm sure you're getting to know the families, and I know that they have a lot of them have multiple medical issues and things like that.

0:15:52.840 --> 0:15:56.390
Amy Fuchs
So is there anything that's come up, you know, with do you have any?

0:15:56.400 --> 0:16:2.220
Amy Fuchs
Do you all have any that are there for the day programs that you know have to take medication while they're there or anything like that or they all pretty?

0:16:3.600 --> 0:16:4.40
Amy Fuchs
How is that?

0:16:3.430 --> 0:16:8.930
Kathryn Kraus
Umm, so I know there's one who's monitoring his diet, his glucose level.

0:16:9.530 --> 0:16:9.830
Amy Fuchs
Uh.

0:16:9.720 --> 0:16:10.420
Kathryn Kraus
Umm.

0:16:10.760 --> 0:16:12.270
Kathryn Kraus
And that's throughout the day.

0:16:12.610 --> 0:16:12.860
Amy Fuchs
Umm.

0:16:12.960 --> 0:16:15.330
Kathryn Kraus
Other than that, I don't know.

0:16:17.280 --> 0:16:17.500
Amy Fuchs
Yeah.

0:16:15.380 --> 0:16:17.530
Kathryn Kraus
I wouldn't be in charge of that and I haven't asked.

0:16:21.950 --> 0:16:22.240
Amy Fuchs
Uh-huh.

0:16:25.850 --> 0:16:26.140
Amy Fuchs
Umm.

0:16:37.710 --> 0:16:40.510
Amy Fuchs
Right. Uh.

0:16:17.540 --> 0:16:46.520
Kathryn Kraus
Maybe I should ask that, but it nothing has come up about it that my only concern is we do have some that are living in Group homes and there we've had some trouble you know nobody coming to pick them up and so you know it's very frightening to think about how their medication is being monitored and they they're not at the level where they would be independent enough to be monitoring it on their own.

0:16:46.990 --> 0:16:50.670
Kathryn Kraus
So that is like concerning to me.

0:16:51.210 --> 0:16:54.20
Amy Fuchs
Uh, yeah, yeah, because that can also affect.

0:16:54.30 --> 0:17:4.300
Amy Fuchs
Like you said, the behavioral effects and things like that, you know, or if someone did have a medical emergency because they didn't take something when they were there and then they get to you and have a problem.

0:17:4.310 --> 0:17:10.500
Amy Fuchs
So yeah, that's definitely, I know it's hard to learn everything about what's going on with them, but that would that would concern me too.

0:17:10.510 --> 0:17:11.590
Amy Fuchs
I'd wanna know kind of.

0:17:11.740 --> 0:17:11.970
Kathryn Kraus
Mm-hmm.

0:17:11.600 --> 0:17:12.120
Amy Fuchs
You know what?

0:17:12.130 --> 0:17:13.60
Amy Fuchs
The what?

0:17:13.70 --> 0:17:16.920
Amy Fuchs
The ends and outs are going on there, so yeah, OK.

0:17:16.930 --> 0:17:18.380
Amy Fuchs
Well, that's really, really helpful.

0:17:18.390 --> 0:17:19.310
Amy Fuchs
I appreciate it.

0:17:20.830 --> 0:17:23.470
Amy Fuchs
Anything else you wanna share or no?

0:17:23.560 --> 0:17:24.790
Kathryn Kraus
I can't think of anything.

0:17:24.800 --> 0:17:26.390
Kathryn Kraus
No, but I'm available.

0:17:26.400 --> 0:17:27.590
Kathryn Kraus
I love Easter Seals.

0:17:31.220 --> 0:17:31.660
Amy Fuchs
Oh, OK.

0:17:27.600 --> 0:17:31.880
Kathryn Kraus
I worked very closely with Easter Seals down in League City with.

0:17:33.210 --> 0:17:36.420
Kathryn Kraus
So, umm yeah, I'm always here to collaborate with and.

0:17:36.780 --> 0:17:37.350
Amy Fuchs
OK.

0:17:37.480 --> 0:17:42.550
Amy Fuchs
And we've, umm, the, the kind of things we've done with Jamie before is one.

0:17:42.560 --> 0:17:58.280
Amy Fuchs
Well, she did have a specifically one of the trainings we did was where she had us working with, uh, kind of refresher course for Tobii Dynavox for for those that use umm for the teachers, for the, for the, for the adults there.

0:17:58.290 --> 0:18:0.880
Amy Fuchs
I'm not sure if you'll call them teachers or you know, they're.

0:17:59.770 --> 0:18:1.310
Kathryn Kraus
Direct staff or uh-huh.

0:18:0.890 --> 0:18:9.160
Amy Fuchs
Yeah, this staff just because you know, they had some people who used communication devices and the staff wasn't really very confident about it.

0:18:9.690 --> 0:18:9.880
Kathryn Kraus
Mm-hmm.

0:18:9.530 --> 0:18:10.580
Amy Fuchs
So we've done that.

0:18:10.590 --> 0:18:21.580
Amy Fuchs
But then also you know I've I came one night and joined a parent meeting and just kind of, you know, talk to them about the resources we have through Easter Seals and bridging apps.

0:18:21.590 --> 0:18:23.140
Amy Fuchs
So we're happy to do that kind of thing.

0:18:25.0 --> 0:18:25.210
Kathryn Kraus
Mm-hmm.

0:18:27.750 --> 0:18:28.30
Kathryn Kraus
OK.

0:18:23.150 --> 0:18:29.50
Amy Fuchs
Just as a refresher, it has been since before COVID when we did that, so anything like that we can help with.

0:18:29.460 --> 0:18:30.930
Amy Fuchs
Uh, we're happy to do that.

0:18:30.940 --> 0:18:32.730
Amy Fuchs
You know, if the staff needs something or.

0:18:31.670 --> 0:18:32.830
Kathryn Kraus
Like the packed.

0:18:33.270 --> 0:18:38.750
Kathryn Kraus
OK, the packed meetings like the parent and caregiver, OK.

0:18:32.800 --> 0:18:39.960
Amy Fuchs
Umm, I guess that yes, that must have been what they call what they called it.

0:18:39.970 --> 0:18:40.440
Amy Fuchs
I can't.

0:18:40.450 --> 0:18:42.440
Amy Fuchs
It was either on a Tuesday or Thursday night.

0:18:43.150 --> 0:18:44.390
Kathryn Kraus
Uh-huh. OK.

0:18:42.450 --> 0:18:45.60
Amy Fuchs
It seems like again it was pre COVID.

0:18:45.70 --> 0:18:50.710
Amy Fuchs
So umm, but yeah, you're anything like that that you know that we can help out with.

0:18:52.200 --> 0:18:52.360
Kathryn Kraus
OK.

0:18:50.720 --> 0:18:52.560
Amy Fuchs
Please let us know we love to partner.

0:18:52.610 --> 0:18:53.960
Amy Fuchs
Partner with you all and do stuff.

0:18:54.880 --> 0:18:55.240
Kathryn Kraus
OK.

0:18:53.970 --> 0:18:56.10
Amy Fuchs
So uh.

0:18:59.510 --> 0:18:59.750
Amy Fuchs
OK.

0:18:55.250 --> 0:19:3.460
Kathryn Kraus
I'll let Jamie know then that you're interested in those, because I know we have some coming up and then I'll get back to you and let you know what she says, OK?

0:19:2.760 --> 0:19:3.750
Amy Fuchs
Yeah, that would be great.

0:19:3.760 --> 0:19:8.260
Amy Fuchs
And we are giving gift cards $25 gift cards to everybody that participates.

0:19:8.270 --> 0:19:10.330
Amy Fuchs
So it'll be an E card.

0:19:10.340 --> 0:19:11.320
Amy Fuchs
We'll email it to you.

0:19:12.100 --> 0:19:12.720
Kathryn Kraus
Oh, great.

0:19:12.730 --> 0:19:13.310
Kathryn Kraus
OK.

0:19:13.280 --> 0:19:13.630
Amy Fuchs
Yeah.

0:19:13.380 --> 0:19:13.820
Kathryn Kraus
Thank you.

0:19:13.640 --> 0:19:14.770
Amy Fuchs
Thank you for your time.

0:19:14.780 --> 0:19:17.510
Amy Fuchs
We really do appreciate it, and it was so nice to meet you.

0:19:17.520 --> 0:19:19.0
Amy Fuchs
So please let me know how we can help.

0:19:19.750 --> 0:19:20.330
Kathryn Kraus
OK.

0:19:20.410 --> 0:19:21.60
Kathryn Kraus
Thank you, Amy.

0:19:20.770 --> 0:19:21.340
Amy Fuchs
All right.

0:19:21.70 --> 0:19:21.750
Kathryn Kraus
Nice meeting you too.

0:19:21.820 --> 0:19:22.520
Amy Fuchs
Thank you.

0:19:22.530 --> 0:19:22.710
Amy Fuchs
Bye bye.

0:19:23.450 --> 0:19:23.710
Kathryn Kraus
Bye bye.