0:0:0.0 --> 0:0:1.450  
Deb  
For the medication?

0:0:1.820 --> 0:0:2.720  
Deb  
Is that what you're saying?

0:0:3.40 --> 0:0:4.530  
Amy Fuchs  
That is what we're looking at.

0:0:5.350 --> 0:0:7.870  
Deb  
OK, that.

0:0:4.540 --> 0:0:11.330  
Amy Fuchs  
Yes, is is just trying to find something that based on our experience that will be more user friendly.

0:0:34.180 --> 0:0:34.420  
Deb  
Mm-hmm.

0:0:12.180 --> 0:0:38.520  
Amy Fuchs  
You know, for caregivers and for people themselves, which of course, you know, I'm sure that we work with a lot of older adults also and that, you know, if you have something simple that anybody can use, then a lot of times that older adult population, that's not, as you know, technical, technologically savvy, I guess, you know, they're more likely to wanna to be OK with learning how to use it when it's not as complicated.

0:0:43.370 --> 0:0:43.590  
Deb  
Mm-hmm.

0:0:39.10 --> 0:0:44.370  
Amy Fuchs  
So we know that it will transfer to other populations too. Are we?

0:0:44.380 --> 0:0:46.40  
Amy Fuchs  
Hope I guess that's our hope.

0:0:50.240 --> 0:0:50.620  
Deb  
Mm-hmm.

0:0:46.50 --> 0:0:56.150  
Amy Fuchs  
We don't know anything, which is why we're we're asking people, you know, and what we really wanna know is just kind of your experience of medication management.

0:0:56.160 --> 0:0:57.630  
Amy Fuchs  
Again, like I said, professionally.

0:0:57.640 --> 0:1:5.80  
Amy Fuchs  
Personally, whatever you want to share, the good, the bad and the ugly, you know, so just anything you wanna tell me if.

0:1:5.130 --> 0:1:15.550  
Amy Fuchs  
If you wanna start out by kind of you know what you do professionally and and you know and well the ways different ways that medication is a part of your life, that's fine.

0:1:15.560 --> 0:1:17.990  
Amy Fuchs  
Just whatever you wanna tell me to begin with.

0:1:20.120 --> 0:1:20.740  
Deb  
OK.

0:1:20.810 --> 0:1:22.470  
Deb  
I hmm.

0:1:23.430 --> 0:1:27.100  
Deb  
Kind of a wide open question.

0:1:26.0 --> 0:1:27.630  
Amy Fuchs  
That that's purposeful.

0:1:28.40 --> 0:1:29.130  
Amy Fuchs  
We don't want to.

0:1:29.140 --> 0:1:31.230  
Amy Fuchs  
We don't want to tell you what we wanna know.

0:1:30.510 --> 0:1:32.100  
Deb  
Yes. Yeah.

0:1:31.420 --> 0:1:34.450  
Amy Fuchs  
We want you to tell us things that may we might not know, you know.

0:1:34.930 --> 0:1:35.110  
Deb  
Yeah.

0:1:36.930 --> 0:2:1.190  
Deb  
OK, so professionally I would say that the majority of the people, particularly with disabilities, who are developmentally delayed, probably it seems like it's family or caregivers who take care of their medications.

0:2:1.340 --> 0:2:1.590  
Amy Fuchs  
Umm.

0:2:1.780 --> 0:2:6.270  
Deb  
So it's not the individual themselves.

0:2:7.680 --> 0:2:28.210  
Deb  
Ohm, there are a I'm just going through my head of some of our customers and I can think of, you know like, umm, one person in particular who probably has OCD going on and he is very adamant about his medication.

0:2:28.580 --> 0:2:39.110  
Deb  
So he'll reorder it when it's low, he'll say exactly how many he wants because he has a doctor's appointment coming up and you know, so.

0:2:39.170 --> 0:2:52.70  
Deb  
So it goes from that end to probably the other end where the individual is totally not involved at all or whatever reason.

0:2:52.180 --> 0:2:55.270  
Deb  
Maybe they don't wanna be taking medicine.

0:2:55.420 --> 0:2:58.110  
Deb  
Maybe they can't get into a routine.

0:2:59.800 --> 0:3:12.710  
Deb  
Maybe they don't notice that they are a different person when they take a medication, or maybe they notice they are a different person and they don't like that, you know.

0:3:12.720 --> 0:3:15.270  
Deb  
So really that that runs the gamut.

0:3:15.280 --> 0:3:25.220  
Deb  
I I think you're target audience would be someone that falls somewhere in the middle of that, that.

0:3:26.150 --> 0:3:33.270  
Deb  
Cares, but either isn't capable or and and maybe you're in the caregivers now.

0:3:33.280 --> 0:3:35.710  
Deb  
This is, you know, they care.

0:3:35.860 --> 0:3:37.340  
Deb  
They're gonna keep the.

0:3:37.650 --> 0:3:41.950  
Deb  
Individual on track as far as individual.

0:3:42.560 --> 0:3:43.940  
Deb  
I don't know how.

0:3:44.830 --> 0:3:45.480  
Deb  
I'm not sure.

0:3:46.200 --> 0:3:46.340  
Amy Fuchs  
Yeah.

0:3:45.730 --> 0:3:46.840  
Deb  
I'm not sure I know.

0:4:1.530 --> 0:4:1.840  
Amy Fuchs  
Umm.

0:3:46.850 --> 0:4:10.880  
Deb  
I you know, I understand that there are plenty of people who are technologically savvy and that is not me, but a younger generation who also may be developmentally delayed, that could grasp that, you know, like there's skill is they can, they can get the technology and they can do it in the instance of my son, he could do it.

0:4:11.470 --> 0:4:13.920  
Deb  
He would just not want to do it.

0:4:14.300 --> 0:4:22.830  
Deb  
So he's one of those, the persons that fall into that category of I know I should, but I don't care that much.

0:4:23.110 --> 0:4:23.300  
Amy Fuchs  
Yeah.

0:4:22.840 --> 0:4:25.70  
Deb  
And so I'm not going to so.

0:4:25.170 --> 0:4:27.330  
Deb  
So that's a, you know, that's a tough one.

0:4:28.10 --> 0:4:28.230  
Amy Fuchs  
Yeah.

0:4:28.320 --> 0:4:36.950  
Deb  
I have been setting up his meds for his whole life and that's OK that's my.

0:4:42.810 --> 0:4:43.140  
Amy Fuchs  
Umm.

0:4:39.630 --> 0:4:48.60  
Deb  
My profession is to do that, you know, to make sure that he is on what he needs to be on and he's taking me in on a regular basis.

0:4:48.600 --> 0:4:56.680  
Deb  
So I do a pill box and the weekly pill box and after that it's up to him to take it.

0:5:9.960 --> 0:5:10.190  
Amy Fuchs  
From.

0:4:57.90 --> 0:5:11.810  
Deb  
So he is very good at that because he's a very routine person and him being knowing that, you know, at 8:00 AM, I take this and at 8:00 PM I take this and that gets him through.

0:5:11.820 --> 0:5:12.920  
Deb  
So he's fine.

0:5:13.720 --> 0:5:16.560  
Deb  
Umm, you know that on the road?

0:5:16.570 --> 0:5:19.530  
Deb  
If it's not me that's doing that, who's gonna do it?

0:5:19.600 --> 0:5:23.320  
Deb  
OK, maybe there is an app that can do that and help him out.

0:5:23.330 --> 0:5:23.800  
Deb  
I don't know.

0:5:32.330 --> 0:5:32.580  
Amy Fuchs  
Umm.

0:5:24.910 --> 0:5:43.180  
Deb  
I also know that there and I've not investigated this because I don't need to, but there is somewhere that you can order online the medication that's already filled in, in pillboxes.

0:5:43.560 --> 0:5:43.980  
Amy Fuchs  
Uh-huh.

0:5:43.950 --> 0:5:50.430  
Deb  
So you I don't, I really, I don't know how it works because like I said at this point I'm not interested in that.

0:5:51.40 --> 0:5:51.270  
Amy Fuchs  
Umm.

0:5:51.770 --> 0:5:54.780  
Deb  
And so is that something that comes in the mail to him?

0:5:54.850 --> 0:5:57.100  
Deb  
I like a mail order service.

0:5:57.540 --> 0:5:57.870  
Amy Fuchs  
Umm.

0:5:57.410 --> 0:6:2.210  
Deb  
Probably so I've not ever tried that and I don't know.

0:6:2.40 --> 0:6:2.910  
Amy Fuchs  
Yeah.

0:6:3.0 --> 0:6:13.630  
Amy Fuchs  
And and we we have talked to some people that have tried something like that and and one person said, well, you know, her mother took medication at three different times during the day.

0:6:22.660 --> 0:6:23.210  
Deb  
Mm-hmm.

0:6:23.250 --> 0:6:23.760  
Deb  
Yeah, yeah.

0:6:13.800 --> 0:6:25.490  
Amy Fuchs  
So she had to have three little packets, like it's like a kind of like a little plastic Ziploc baggy, sort of, you know, that sealed, you know, three per day.

0:6:25.600 --> 0:6:30.470  
Amy Fuchs  
And so there was still like a well, you've gotta remember that this is your morning one.

0:6:30.480 --> 0:6:31.490  
Amy Fuchs  
This is your new one.

0:6:31.500 --> 0:6:34.610  
Amy Fuchs  
You know, you've got to be able to read however they're printed and that kind of thing.

0:6:35.370 --> 0:6:35.570  
Deb  
Yeah.

0:6:34.990 --> 0:6:54.940  
Amy Fuchs  
And I think one of the biggest things with our population is that is when it calls something extra or it's something that like, maybe insurance doesn't cover it or have it shipped that way or whatever, then that's where a lot of problems come in because a lot of our clients, my caregivers, are on fixed incomes.

0:6:54.950 --> 0:7:4.780  
Amy Fuchs  
And so that's really what we're kind of looking at too is, is, yeah, there are some really great things out there, but what are the barriers, you know, to keep our clients from being able to get that?

0:7:5.530 --> 0:7:14.960  
Amy Fuchs  
But I have heard where they work for people, so people and that is something we've really learned just in learning about technology is that there are never is a one time, one size fits all.

0:7:15.750 --> 0:7:16.360  
Deb  
As sure.

0:7:15.510 --> 0:7:20.760  
Amy Fuchs  
So we don't think we're gonna make like, the magic thing that every single person's gonna love.

0:7:19.570 --> 0:7:21.590  
Deb  
Umm. Mm-hmm.

0:7:20.890 --> 0:7:24.220  
Amy Fuchs  
But we do wanna try to feel like the gap that's not there.

0:7:24.230 --> 0:7:32.140  
Amy Fuchs  
You know, like that fill that space where there's not an option for people like you said, who might be able to to manage it.

0:7:32.150 --> 0:7:47.60  
Amy Fuchs  
And I think looking at like those teens and young adults who may be able to live with some support but away from their parents, something parents could kind of, you know, monitor from a distance through an app or something like that.

0:7:47.130 --> 0:7:48.930  
Amy Fuchs  
You know that that you're exactly right.

0:7:48.940 --> 0:7:54.420  
Amy Fuchs  
Those are probably the target of people that could actually use it and be willing to use it and be successful.

0:7:54.720 --> 0:7:59.650  
Amy Fuchs  
You know and and kind of have that and feeling of independence, you know, and not have.

0:7:59.660 --> 0:8:2.70  
Amy Fuchs  
I always joked as a special Ed teacher.

0:8:2.420 --> 0:8:11.230  
Amy Fuchs  
You know when with my paraprofessionals that I would tell the parents like no teenager wants a middle aged woman following them around, telling them everything to do, you know?

0:8:11.240 --> 0:8:12.630  
Amy Fuchs  
And so I kind of keep that in mind.

0:8:12.640 --> 0:8:16.330  
Amy Fuchs  
Like, we're always trying to build that independence in some way.

0:8:16.340 --> 0:8:18.210  
Amy Fuchs  
So umm.

0:8:18.290 --> 0:8:18.400  
Deb  
Yeah.

0:8:20.290 --> 0:8:23.740  
Amy Fuchs  
So I'm curious too about your son.

0:8:23.750 --> 0:8:25.300  
Amy Fuchs  
I know you said he doesn't.

0:8:25.970 --> 0:8:27.880  
Amy Fuchs  
He you know, he doesn't care either way.

0:8:27.890 --> 0:8:29.290  
Amy Fuchs  
He takes it because of routine.

0:8:29.890 --> 0:8:34.350  
Amy Fuchs  
Umm, if there were something it.

0:8:34.440 --> 0:8:47.30  
Amy Fuchs  
If there were something with some kind of rewards or you know, I mean obviously not actual rewards but but how is that I does a reward system kind of work for him.

0:8:47.40 --> 0:8:53.40  
Amy Fuchs  
You know, if he were to maybe if it was a game kind of thing and he, you know, earned points or something, no.

0:8:58.470 --> 0:8:58.660  
Amy Fuchs  
Yeah.

0:9:1.380 --> 0:9:2.50  
Amy Fuchs  
Oh yeah, yeah.

0:8:54.830 --> 0:9:4.640  
Deb  
You know, my son is 35 years old, so we've struggled with this for a long time and we've tried every direction.

0:9:6.770 --> 0:9:7.300  
Amy Fuchs  
Mm-hmm.

0:9:4.690 --> 0:9:10.60  
Deb  
Not as far as the meds go, but behavior supports and you know, you name it.

0:9:12.120 --> 0:9:12.830  
Deb  
Nothing.

0:9:12.880 --> 0:9:14.520  
Deb  
Nothing. Nothing works.

0:9:15.0 --> 0:9:15.330  
Amy Fuchs  
Umm.

0:9:16.210 --> 0:9:17.280  
Deb  
I hate to say that.

0:9:19.770 --> 0:9:20.780  
Amy Fuchs  
No, no, no.

0:9:20.790 --> 0:9:21.550  
Amy Fuchs  
We want to hear it.

0:9:26.210 --> 0:9:26.730  
Amy Fuchs  
Umm.

0:9:17.430 --> 0:9:37.260  
Deb  
So you know, maybe you don't want to talk to me, but it's, you know, we we could rack our brains, which we have done many, many times to come up with a strategy and then it'll last for a couple of weeks and then either he thinks his way around it or you know, he just refuses.

0:9:37.580 --> 0:9:44.10  
Deb  
So no, for him, a game, a reward would not be enough.

0:9:44.680 --> 0:9:45.240  
Deb  
Did you know?

0:9:46.480 --> 0:9:48.600  
Deb  
Encourage him to use something like that.

0:9:49.560 --> 0:9:51.740  
Amy Fuchs  
Yeah, I I've known those kids before.

0:9:51.800 --> 0:9:54.250  
Amy Fuchs  
I know exactly what you're what you're talking about.

0:9:54.470 --> 0:9:58.810  
Amy Fuchs  
I was in a classroom with them and and yes, I know exactly what you're talking about.

0:9:59.40 --> 0:10:0.40  
Deb  
Yeah, yeah, yeah.

0:9:58.870 --> 0:10:1.850  
Amy Fuchs  
For some, that's just, you know. Umm.

0:10:1.450 --> 0:10:4.130  
Deb  
You know, he never as as a baby.

0:10:4.140 --> 0:10:6.680  
Deb  
He never was a mom pleaser.

0:10:6.690 --> 0:10:7.980  
Deb  
Apparent pleaser.

0:10:8.440 --> 0:10:8.880  
Amy Fuchs  
Comma.

0:10:8.130 --> 0:10:12.360  
Deb  
You know you have kids that will do stuff because ohh, that'll make mom happy.

0:10:12.440 --> 0:10:13.110  
Deb  
Umm, no.

0:10:12.570 --> 0:10:14.870  
Amy Fuchs  
Right, I know.

0:10:14.650 --> 0:10:18.150  
Deb  
And so that has just continued through his whole life.

0:10:18.160 --> 0:10:24.980  
Deb  
He doesn't do something because you know it will make me happy or it will bring him rewards so.

0:10:24.780 --> 0:10:25.40  
Amy Fuchs  
Yeah.

0:10:26.10 --> 0:10:26.760  
Amy Fuchs  
Yeah.

0:10:26.120 --> 0:10:27.250  
Deb  
Yeah, no.

0:10:26.970 --> 0:10:27.940  
Amy Fuchs  
No, I can.

0:10:27.990 --> 0:10:35.420  
Amy Fuchs  
I, like I said, I've definitely known those those children marking in classrooms I've taught for about 13 years.

0:10:35.430 --> 0:10:37.600  
Amy Fuchs  
So I've seen a lot of them.

0:10:37.610 --> 0:10:42.110  
Amy Fuchs  
I I know a lot of them that are his age right now and are close to it.

0:10:41.370 --> 0:10:43.920  
Deb  
Mm-hmm. Yeah.

0:10:42.120 --> 0:10:44.120  
Amy Fuchs  
You know that that are probably the same way.

0:10:44.130 --> 0:10:45.770  
Amy Fuchs  
Still umm.

0:10:46.590 --> 0:10:58.550  
Amy Fuchs  
So umm, with managing medications like through through customers and stuff, I mean how does that, what kind of challenges do do they ever ask you?

0:10:58.560 --> 0:11:2.300  
Amy Fuchs  
I mean, I know we depend really on our pharmacist for a lot of information.

0:11:2.310 --> 0:11:6.830  
Amy Fuchs  
You know, when we talked to them more than we do our doctors, you know about the medicine.

0:11:6.840 --> 0:11:13.980  
Amy Fuchs  
So are there challenges or things that they've ever asked you about or you know something could be simpler that maybe has come up?

0:11:15.730 --> 0:11:17.690  
Deb  
You know, I can think of 1 mom who?

0:11:20.370 --> 0:11:25.600  
Deb  
Her son had restrictions, but not like he was in the band.

0:11:25.610 --> 0:11:30.600  
Deb  
And you know, he did they they diagnosed him with autism, but certainly a high functioning person.

0:11:30.880 --> 0:11:31.90  
Amy Fuchs  
Umm.

0:11:30.890 --> 0:11:35.120  
Deb  
And what I found is that the mom was on top of things, you know?

0:11:35.130 --> 0:11:37.580  
Deb  
She asked a lot of questions.

0:11:37.890 --> 0:11:38.260  
Amy Fuchs  
Umm.

0:11:37.590 --> 0:11:40.790  
Deb  
She asked the doctor questions if they changed.

0:11:40.840 --> 0:11:43.520  
Deb  
She was just like, changed any medications?

0:11:43.530 --> 0:11:50.590  
Deb  
She was right there and, you know, knew exactly what they were doing, what they were giving him.

0:11:51.150 --> 0:11:51.380  
Amy Fuchs  
Mm-hmm.

0:11:52.10 --> 0:12:6.600  
Deb  
I I think that's, I hate to say unusual, but I I guess in the population that I came into our pharmacy, you know she stood out, she was a nurse.

0:12:7.440 --> 0:12:7.670  
Amy Fuchs  
No.

0:12:6.610 --> 0:12:9.360  
Deb  
She just she had all the qualifications to, you know.

0:12:10.220 --> 0:12:11.360  
Deb  
You wanna understand?

0:12:12.640 --> 0:12:19.130  
Deb  
I would say most people, umm, no, they wouldn't ask.

0:12:19.360 --> 0:12:19.920  
Amy Fuchs  
Problem.

0:12:19.140 --> 0:12:20.210  
Deb  
They wouldn't.

0:12:20.640 --> 0:12:23.390  
Deb  
They're just, you know, my doctor sent a prescription over.

0:12:23.400 --> 0:12:24.510  
Deb  
Get can get it for me?

0:12:24.520 --> 0:12:27.0  
Deb  
Or is it ready yet or something like that so.

0:12:27.680 --> 0:12:30.430  
Amy Fuchs  
Yeah, well, that's too bad.

0:12:30.440 --> 0:12:41.710  
Amy Fuchs  
When I was when I was in school, I went to Auburn and I had some friends in pharmacy school and I remember very clearly them telling me when you have a question about medication, don't ask your doctor.

0:12:43.510 --> 0:12:43.770  
Deb  
Yeah.

0:12:41.720 --> 0:12:45.90  
Amy Fuchs  
Come and ask your pharmacist because we're the ones that really know, you know?

0:12:45.100 --> 0:12:47.470  
Amy Fuchs  
And so I still keep that having children and stuff.

0:12:47.480 --> 0:12:50.50  
Amy Fuchs  
I'm like, no, we're not gonna waste time calling the doctor.

0:12:50.200 --> 0:12:54.100  
Amy Fuchs  
I'm gonna make sure that I have a conversation with the pharmacist and you know that.

0:12:54.110 --> 0:12:58.880  
Amy Fuchs  
Everything you know, nothing's gonna interact wrong or anything like that.

0:12:59.900 --> 0:13:1.240  
Deb  
Uh-huh. Yeah.

0:13:25.110 --> 0:13:25.330  
Deb  
Sure.

0:13:27.830 --> 0:13:28.80  
Deb  
Mm-hmm.

0:13:37.50 --> 0:13:37.420  
Deb  
Yes.

0:13:38.860 --> 0:13:39.630  
Deb  
Uh-huh.

0:12:59.550 --> 0:13:41.460  
Amy Fuchs  
Umm you know when we encourage we encourage caregivers when we're working with people of of transition age that young adult teenagers. We you know, we encourage them to, if their child is going to be taking medication to to get them used to speaking to the pharmacist you know, and and get picking up their medicine and you know being the one to walk up and say, I have a prescription. My name is you know blah blah or whatever and and you know to try to train them You know because I mean, even having children when I'm at the doctor's office. Even now for my 13 year old, they will talk to me and I'm like she's 13 ask her like I just drove her here, you know, I mean?

0:13:39.820 --> 0:13:41.520  
Deb  
Yeah, yeah.

0:13:41.590 --> 0:13:42.670  
Deb  
Yeah, exactly.

0:13:49.250 --> 0:13:49.390  
Deb  
Yeah.

0:13:41.470 --> 0:13:53.550  
Amy Fuchs  
Why are you asking me her symptoms? And so I I know that the system is just kind of built that way. So we try to, you know, teach people to encourage their children to talk to doctors and pharmacists.

0:13:53.560 --> 0:14:0.200  
Amy Fuchs  
And if you know your child is going to be on some kind of medication for the rest of their life, you know you're kind of doing them a disservice if you don't teach them the skills.

0:14:1.430 --> 0:14:2.130  
Deb  
Mm-hmm.

0:14:2.620 --> 0:14:3.40  
Deb  
That's right.

0:14:0.860 --> 0:14:4.70  
Amy Fuchs  
So you know, but again, we don't get in touch with everybody.

0:14:4.80 --> 0:14:7.630  
Amy Fuchs  
We try very hard with, you know, with those parents we work with to teach them that.

0:14:9.200 --> 0:14:12.460  
Deb  
Umm Yep, that is good.

0:14:8.750 --> 0:14:12.660  
Amy Fuchs  
Umm, so go ahead.

0:14:12.950 --> 0:14:13.660  
Deb  
Good plan.

0:14:13.750 --> 0:14:16.290  
Deb  
Mm-hmm. Yeah.

0:14:13.850 --> 0:14:26.320  
Amy Fuchs  
Ohh, we try we try UM, so if you like could create or have a magic wand or you know what Katie does creating apps and things like that.

0:14:26.390 --> 0:14:41.0  
Amy Fuchs  
What kind of things do you think would be important for a caregiver if they were setting up, for example, if they were setting up an app for one of these, you know, young adults who might be living with some support but can take their medication on their own.

0:14:41.350 --> 0:14:56.480  
Amy Fuchs  
I mean, what kind of things do you think would be important, you know, to be able to get reports or information from it or, you know, is there anything that just pops into your head, you know, related to medication management that you think would be really important that stands out?

0:14:58.120 --> 0:15:4.370  
Deb  
The one thing I was thinking about was an ability to see if the medication was indeed taken.

0:15:5.390 --> 0:15:13.990  
Deb  
So when you have your medication set up in a pill box, you can tell if that day you know was taken or not.

0:15:14.580 --> 0:15:14.980  
Amy Fuchs  
Right.

0:15:15.110 --> 0:15:21.460  
Deb  
And I don't know how you mark that on an app, but I'm sure that there is a way to interact with the app.

0:15:21.470 --> 0:15:24.710  
Deb  
Saying yes, I did take this and this is what time I took it.

0:15:24.720 --> 0:15:28.530  
Deb  
And you know, you could always put in there.

0:15:36.490 --> 0:15:37.10  
Amy Fuchs  
Hmm.

0:15:29.20 --> 0:15:41.10  
Deb  
How do you feel taking it, especially if there's a new medication that's been added that you know how, how is this making you feel? Happy.

0:15:41.20 --> 0:15:41.490  
Deb  
Sad.

0:15:43.730 --> 0:15:44.560  
Amy Fuchs  
Yeah, yeah.

0:15:41.500 --> 0:15:45.120  
Deb  
Whatever the choices might be, I sleeping.

0:15:50.90 --> 0:15:50.380  
Amy Fuchs  
Mm-hmm.

0:15:45.650 --> 0:15:50.920  
Deb  
Yeah, I think that would be helpful for a lot of people. Umm.

0:15:52.800 --> 0:16:1.30  
Deb  
I didn't know somethings you should take with food and I don't know how you indicate that with an app.

0:16:1.420 --> 0:16:1.860  
Amy Fuchs  
Umm.

0:16:1.40 --> 0:16:11.120  
Deb  
I mean, I would guess that the individuals would learn that eventually that, you know, I take this one with breakfast and that's a possibility.

0:16:12.80 --> 0:16:15.60  
Amy Fuchs  
That's actually a really basic one that no one has mentioned yet.

0:16:15.70 --> 0:16:16.820  
Amy Fuchs  
That's a really good to think about that.

0:16:16.830 --> 0:16:19.480  
Amy Fuchs  
You know, like, just like the bottle says.

0:16:25.260 --> 0:16:25.550  
Deb  
Mm-hmm.

0:16:19.490 --> 0:16:31.950  
Amy Fuchs  
Take this with food or take it with milk, you know, and to have some way where that that pops up, the whole thing about and especially from the caregivers with cognitive with of people with cognitive disabilities.

0:16:32.720 --> 0:16:39.130  
Amy Fuchs  
One thing we've heard is that like, unless I'm there looking at him, how do I know it really went into his body?

0:16:39.830 --> 0:16:40.70  
Deb  
Uh-huh.

0:16:39.280 --> 0:16:49.570  
Amy Fuchs  
So someone suggested like maybe we use the camera, the camera on the device and make him take a video of taking it, you know, make a selfie of him taking the medicine or whatever.

0:16:49.800 --> 0:16:53.270  
Amy Fuchs  
And it's like, wow, that's that's actually a really good idea.

0:16:53.280 --> 0:16:54.20  
Amy Fuchs  
I don't know.

0:16:57.700 --> 0:16:58.170  
Deb  
Yeah, I don't.

0:16:54.30 --> 0:16:58.320  
Amy Fuchs  
I'm gonna have to ask Katie if we can do that, but I mean, you know, like so that's the thing.

0:16:58.330 --> 0:17:3.120  
Amy Fuchs  
Is that what's what we're trying to learn is like, we can come up with all these things that we think would be great.

0:17:14.10 --> 0:17:14.290  
Deb  
Umm.

0:17:3.350 --> 0:17:17.110  
Amy Fuchs  
But you know the caregivers and the people that work with medication and stuff are the ones, you know, like the whole food thing, like, just very easily to have something that says, don't forget you take this with food or milk, you know, would be probably pretty easy feature to add in.

0:17:19.760 --> 0:17:20.50  
Deb  
OK.

0:17:21.350 --> 0:17:21.820  
Deb  
Does it?

0:17:17.120 --> 0:17:22.230  
Amy Fuchs  
So that's really, really helpful and I really appreciate this.

0:17:22.280 --> 0:17:22.960  
Amy Fuchs  
Yeah, go ahead.

0:17:37.240 --> 0:17:39.10  
Amy Fuchs  
Right. Umm.

0:17:23.800 --> 0:17:40.520  
Deb  
What do you have a feature too that says if a particular medication was discontinued because you know that would you, you'd want it to stop showing up on their list that it's been stopped or changed.

0:17:40.530 --> 0:17:43.930  
Deb  
Or, you know, whatever. Just.

0:17:43.550 --> 0:17:44.240  
Amy Fuchs  
Yeah.

0:17:44.250 --> 0:17:46.20  
Amy Fuchs  
No, that's good to know too.

0:17:46.30 --> 0:18:2.540  
Amy Fuchs  
And you know, probably yes, it would be something that the caregiver would have what we want really is for the caregiver how to weigh, to log in, you know, have, like, their side of it, where they can see things and they manage all of that and then only what the user needs to see shows up.

0:18:2.870 --> 0:18:8.480  
Amy Fuchs  
We do a lot of work with what they call single purpose apps, which are very simplified.

0:18:8.550 --> 0:18:11.700  
Amy Fuchs  
The user only sees certain things.

0:18:11.710 --> 0:18:14.520  
Amy Fuchs  
It's a very simple screen with maybe one or two buttons.

0:18:14.530 --> 0:18:19.690  
Amy Fuchs  
It's not like one of these where you have to know, you know, five steps to get to what you need.

0:18:22.170 --> 0:18:22.420  
Deb  
Mm-hmm.

0:18:19.700 --> 0:18:31.710  
Amy Fuchs  
So that's really what we're looking at and and having where the you know the caregiver, what they see is more complicated and they can pull all the information they need, but they can really control what what the person the user is seeing.

0:18:31.720 --> 0:18:34.870  
Amy Fuchs  
So yes, that that is very, very important.

0:18:34.880 --> 0:18:36.890  
Amy Fuchs  
So that's why I was thinking too, you know.

0:18:36.900 --> 0:18:40.0  
Amy Fuchs  
Yeah, you can just easily remove a medication or hide it or whatever.

0:18:42.190 --> 0:18:49.880  
Amy Fuchs  
The other thing too that some people have really mentioned and I'm sure as a pharmacist you you understand this, you're probably just gonna cringe when I tell you the story.

0:18:49.890 --> 0:18:53.620  
Amy Fuchs  
But I'm a long distance caregiver for my grandmother, who's 93.

0:18:53.630 --> 0:18:56.460  
Amy Fuchs  
She's in Georgia, which is really interesting.

0:18:56.470 --> 0:18:58.280  
Amy Fuchs  
You know, like 800 miles from here.

0:18:59.90 --> 0:18:59.330  
Deb  
Uh-huh.

0:18:58.830 --> 0:19:3.70  
Amy Fuchs  
And I was with her, and I was helping her sort out her pill boxes.

0:19:3.80 --> 0:19:4.720  
Amy Fuchs  
And I I got her one.

0:19:4.990 --> 0:19:6.220  
Amy Fuchs  
That's really amazing.

0:19:6.230 --> 0:19:7.780  
Amy Fuchs  
And we can we got two of them.

0:19:7.790 --> 0:19:20.390  
Amy Fuchs  
So I can set up two weeks at a time for her, or whoever's Weidler can, but she had one bottle where she was taking the generic and it had two different pills of two different colors in the same bottle.

0:19:20.550 --> 0:19:30.260  
Amy Fuchs  
And what happened is it was a generic and so when they ran out when they were giving the 90 pills or whatever, they just grabbed the next generic and put and used it to fill the bottle.

0:19:30.470 --> 0:19:31.870  
Amy Fuchs  
But they were half different.

0:19:31.880 --> 0:19:39.0  
Amy Fuchs  
And so it confused her because she was used to this pill looking a certain way, and she even says like, I know how it tastes.

0:19:39.110 --> 0:19:44.170  
Amy Fuchs  
And then all of a sudden I pour it out and there's, like, you know, two different kinds of pills in there.

0:19:44.250 --> 0:19:51.250  
Amy Fuchs  
And so maybe even something that, you know has a picture of the pill and what it looks like this week or this month.

0:19:51.260 --> 0:20:4.850  
Amy Fuchs  
You know, so and we've seen some apps where they do that where it's like, you know, in case that physical pill box gets spilled, you know that the Synthroid is is pink, you know or whatever the case may be.

0:20:4.910 --> 0:20:9.440  
Amy Fuchs  
So you know that that seems to be maybe that was just her pharmacist that did it.

0:20:9.450 --> 0:20:10.540  
Amy Fuchs  
I was really surprised.

0:20:12.920 --> 0:20:14.320  
Deb  
Well, it does it.

0:20:10.550 --> 0:20:15.60  
Amy Fuchs  
I don't know if that happens very often, but it was a small thing that really confused her.

0:20:15.940 --> 0:20:16.290  
Deb  
Sure.

0:20:22.90 --> 0:20:22.490  
Amy Fuchs  
All right.

0:20:28.140 --> 0:20:28.360  
Amy Fuchs  
Yeah.

0:20:16.300 --> 0:20:29.510  
Deb  
And it does happen often, because we're reliant on the wholesaler and the wholesaler will buy whatever is the Best Buy for him that month.

0:20:36.750 --> 0:20:37.480  
Amy Fuchs  
Hmm.

0:20:29.760 --> 0:20:39.40  
Deb  
And so you really don't know whose brand you're getting when it comes in to be put on the stack.

0:20:45.620 --> 0:20:45.820  
Amy Fuchs  
Umm.

0:20:39.290 --> 0:20:47.20  
Deb  
And you know, with every good intention you want to separate the two colors of the same medication.

0:20:47.30 --> 0:20:52.460  
Deb  
You wanna put several notes on the bottle that says this is the same medication?

0:20:52.470 --> 0:20:54.340  
Deb  
It just will look different to you.

0:20:54.100 --> 0:20:54.400  
Amy Fuchs  
Umm.

0:20:56.100 --> 0:20:58.370  
Deb  
I had just recently for John.

0:20:58.380 --> 0:21:1.910  
Deb  
John has a lot of white pills, which is another problem.

0:21:3.660 --> 0:21:4.580  
Amy Fuchs  
Right, yeah.

0:21:1.920 --> 0:21:6.850  
Deb  
I mean, if everything's white, you know, and round it doesn't matter.

0:21:7.250 --> 0:21:7.670  
Amy Fuchs  
All right.

0:21:7.830 --> 0:21:15.350  
Deb  
But the same medication and the one was smaller than the other one.

0:21:15.460 --> 0:21:17.570  
Deb  
So again, it was two different brands.

0:21:17.580 --> 0:21:18.890  
Deb  
I mean, I know this.

0:21:19.170 --> 0:21:19.380  
Amy Fuchs  
Umm.

0:21:19.40 --> 0:21:22.910  
Deb  
It was the same medication, but two different brands.

0:21:23.80 --> 0:21:32.90  
Deb  
So and I don't know who would you would change that on your app other than the pharmacist who would know that?

0:21:32.100 --> 0:21:43.510  
Deb  
Yeah, you know, we we went along for six months and we were continually getting the same generic and then all of a sudden our wholesaler change generics or this particular one wasn't available.

0:21:46.150 --> 0:21:48.520  
Amy Fuchs  
Umm yeah.

0:21:43.520 --> 0:21:49.230  
Deb  
So we had to buy from a different company or you know, there's lots of reasons why they change.

0:21:51.510 --> 0:21:52.190  
Amy Fuchs  
Interesting.

0:21:49.720 --> 0:21:53.110  
Deb  
And yeah, that's that's that's the problem.

0:21:54.250 --> 0:21:55.110  
Amy Fuchs  
Yeah, yeah.

0:21:54.760 --> 0:22:3.480  
Deb  
But hopefully you know the pharmacist is alert and says ohh yeah and this is an old person and they're used to taking, you know, this or this and yeah.

0:22:4.420 --> 0:22:6.720  
Deb  
And it's this color and yeah.

0:22:3.320 --> 0:22:8.200  
Amy Fuchs  
Umm yeah, that's interesting.

0:22:8.210 --> 0:22:12.340  
Amy Fuchs  
I mean, that's good to know though that, umm, kind of how that whole process works.

0:22:12.350 --> 0:22:17.60  
Amy Fuchs  
And UM, you know again, I mean, there are certain things that she takes.

0:22:17.70 --> 0:22:22.760  
Amy Fuchs  
Like I gave the example of Synthroid, but actually she only takes the on label so Synthroid.

0:22:24.860 --> 0:22:27.80  
Deb  
Yeah, yeah, that probably won't change.

0:22:22.830 --> 0:22:28.700  
Amy Fuchs  
But you know, whatever it was that she had, I mean, I know there's a thing with Synthroid and all the different levels and stuff.

0:22:28.710 --> 0:22:49.520  
Amy Fuchs  
So she only takes the brand of that but but yeah, that's that's kind of interesting and something for us to think about too, you know, is it if there is a way to put a picture there or whatever, you know, to help identify it, what it looks like in that bottle for that month, you know, it's gonna have to be something simple that the caregiver could easily switch out, you know.

0:22:49.530 --> 0:22:52.820  
Amy Fuchs  
And and take the take a picture of the actual pill or whatever.

0:22:55.820 --> 0:22:56.230  
Deb  
It will.

0:22:52.830 --> 0:23:1.100  
Amy Fuchs  
So something to think about it, I mean, I know it's kind of a complicated thing, but again, we wanna take those complicated problems and make them as simple as possible.

0:23:1.930 --> 0:23:2.430  
Deb  
Mm-hmm.

0:23:1.640 --> 0:23:10.760  
Amy Fuchs  
So if we could solve just that little problem for our caregiver, you know and and it makes their teenager again be able to take it on their own without that.

0:23:10.850 --> 0:23:15.260  
Amy Fuchs  
You know as much supervision, then, that that will feel like a kind of a win for us, you know?

0:23:16.0 --> 0:23:16.250  
Deb  
Umm.

0:23:17.100 --> 0:23:17.750  
Deb  
Hmm.

0:23:15.270 --> 0:23:18.330  
Amy Fuchs  
So very, very interesting.

0:23:17.820 --> 0:23:25.490  
Deb  
So you you're saying that the prescriptions were just come in their original bottle and that's what the?

0:23:26.780 --> 0:23:29.990  
Deb  
Patient or the individual would just take it out of the bottle.

0:23:30.800 --> 0:23:31.130  
Amy Fuchs  
Yeah.

0:23:31.140 --> 0:23:31.650  
Amy Fuchs  
Well, where?

0:23:31.660 --> 0:23:37.130  
Amy Fuchs  
Well, probably what we're imagining is somebody still using whatever physical pill box or whatever.

0:23:37.140 --> 0:23:44.530  
Amy Fuchs  
They they always use and then the app would be a supplement to that to help them with reminders of when to take it.

0:23:44.540 --> 0:23:48.170  
Amy Fuchs  
How much they take, you know, kind of to to work together.

0:23:48.780 --> 0:23:51.470  
Amy Fuchs  
You know, there are some you've probably seen them.

0:23:51.480 --> 0:23:53.990  
Amy Fuchs  
There are some really fancy pill dispensers now.

0:24:1.910 --> 0:24:2.170  
Deb  
Uh-huh.

0:23:54.140 --> 0:24:5.170  
Amy Fuchs  
We have one in our lab where you know the timer goes off and the button thing pops open for that particular box and and then there it is and that's what you take and it's like whoa.

0:24:4.700 --> 0:24:6.80  
Deb  
Uh-huh. Yeah.

0:24:5.460 --> 0:24:11.250  
Amy Fuchs  
But again, cost wise you know that's not, that's not really feasible for a lot of people.

0:24:11.910 --> 0:24:12.300  
Deb  
Right.

0:24:12.340 --> 0:24:13.390  
Deb  
I'm sure medication.

0:24:11.330 --> 0:24:15.260  
Amy Fuchs  
And I think that they are working right.

0:24:13.590 --> 0:24:16.880  
Deb  
OK, Medicare's not gonna pay for that. Yeah.

0:24:15.270 --> 0:24:18.660  
Amy Fuchs  
I mean, I think, yeah, they and they can't.

0:24:18.670 --> 0:24:31.70  
Amy Fuchs  
They are getting some some of the developers are getting you know where they can be paid through Medicaid or whatever, but still that's a ways down the road and they're and they're all you know, they're all gonna be glitchy.

0:24:36.230 --> 0:24:36.410  
Deb  
Right.

0:24:31.80 --> 0:24:37.210  
Amy Fuchs  
I mean, if you're depending on this box to pop open and mechanically something goes wrong with it in your medicine is trapped in there.

0:24:37.220 --> 0:24:37.550  
Amy Fuchs  
What?

0:24:37.560 --> 0:24:38.530  
Amy Fuchs  
What do you do?

0:24:38.520 --> 0:24:39.610  
Deb  
Yeah, right.

0:24:38.580 --> 0:24:40.910  
Amy Fuchs  
You know, you break it to have to get it out.

0:24:41.780 --> 0:24:42.230  
Deb  
You umm.

0:24:41.240 --> 0:25:2.800  
Amy Fuchs  
So, you know, I think the the combination we're looking at is really, uh, something supplemental, something that can maybe Google reminders, let the care, you know, maybe where the person has to, they get the reminder and then they they say, hey, we did it and the caregiver knows, you know, gets an alert that the medicine was taken at the right time or whatever.

0:25:4.60 --> 0:25:4.360  
Deb  
Umm.

0:25:8.850 --> 0:25:9.90  
Deb  
In.

0:25:2.810 --> 0:25:15.510  
Amy Fuchs  
So you know, just again, we're just at the beginning stages and that's why we're doing this, because we wanna talk to as many people as we can and and figure out if we're like on the right track or really weigh off, you know, so.

0:25:23.300 --> 0:25:23.520  
Amy Fuchs  
Yeah.

0:25:17.390 --> 0:25:23.540  
Deb  
I think our report also would be beneficial for the psychiatrist a.

0:25:30.650 --> 0:25:32.630  
Amy Fuchs  
Right. Mm-hmm.

0:25:23.710 --> 0:25:38.470  
Deb  
For instance, if John goes in to talk to the psychiatrist and she starts asking him questions, he doesn't have any answers, whereas if she has a report, then she can see this is, you know, what happened.

0:25:39.10 --> 0:25:39.280  
Amy Fuchs  
Umm.

0:25:39.0 --> 0:25:44.930  
Deb  
Umm, the caregiver is sometimes around.

0:25:45.140 --> 0:25:48.290  
Deb  
Sometimes he'll John will let them go into the appointment.

0:25:48.300 --> 0:25:50.830  
Deb  
Sometimes he won't, but you know that.

0:25:50.980 --> 0:25:53.330  
Deb  
Then they can fill in a lot of the gaps.

0:25:53.320 --> 0:25:53.870  
Amy Fuchs  
Hmm.

0:26:6.420 --> 0:26:6.580  
Amy Fuchs  
Yeah.

0:25:53.560 --> 0:26:7.550  
Deb  
But you know, if somebody's on independent and they just need transportation to the doctor, then you know it's really falls on the individual to give the doctor the information and and maybe it's not complete.

0:26:7.560 --> 0:26:8.50  
Deb  
Complete.

0:26:8.60 --> 0:26:9.470  
Deb  
Maybe they left something out.

0:26:9.480 --> 0:26:10.70  
Deb  
Maybe.

0:26:10.110 --> 0:26:10.440  
Deb  
Who knows?

0:26:11.400 --> 0:26:11.620  
Amy Fuchs  
Yeah.

0:26:18.700 --> 0:26:18.900  
Amy Fuchs  
Yeah.

0:26:11.470 --> 0:26:21.850  
Deb  
It would just be beneficial, I think, for the doctor to be able to have a report about what's what happened in the last two months, three months since I saw you last.

0:26:22.950 --> 0:26:30.260  
Amy Fuchs  
And I really like that idea of having that, you know, the connection of how you're feeling because self reporting is very for anybody.

0:26:38.280 --> 0:26:38.520  
Deb  
Right.

0:26:40.810 --> 0:26:41.200  
Deb  
And huh.

0:26:30.350 --> 0:26:42.620  
Amy Fuchs  
If you ask Me 2 weeks ago, you know, or if you ask me Now how the last two weeks have been, I'm gonna be like, oh, if things are fine when an honestly, I've had some really bad days because I'm caregiving for my aging grandmother.

0:26:42.630 --> 0:26:45.200  
Amy Fuchs  
You know 345 states away.

0:26:45.210 --> 0:26:49.680  
Amy Fuchs  
So I think self report is really always gonna be skewed.

0:26:49.690 --> 0:27:4.860  
Amy Fuchs  
And so anytime you can have that actual day-to-day kind of information that you can look at from a, you know, from a, a objective, a perspective you know, rather than have that, that skewed personal view.

0:27:4.870 --> 0:27:7.940  
Amy Fuchs  
So that's that's really, really helpful.

0:27:8.870 --> 0:27:9.420  
Amy Fuchs  
I do it.

0:27:9.430 --> 0:27:10.360  
Amy Fuchs  
Really appreciate it.

0:27:10.370 --> 0:27:13.240  
Amy Fuchs  
You've given me a lot of really helpful information.

0:27:13.940 --> 0:27:14.570  
Deb  
OK, great.

0:27:13.930 --> 0:27:15.510  
Amy Fuchs  
I know, I know.

0:27:15.520 --> 0:27:17.120  
Amy Fuchs  
Everybody's like, it doesn't feel like it.

0:27:17.130 --> 0:27:19.640  
Amy Fuchs  
It feels like we were just sitting here chatting, but you really have.

0:27:19.990 --> 0:27:21.440  
Amy Fuchs  
It's really, really helpful.

0:27:21.450 --> 0:27:29.660  
Amy Fuchs  
We love hearing all the different perspectives and we want people to say like, oh, I don't think it would work because of this or whatever, because we want to try to tackle those.

0:27:29.710 --> 0:27:30.980  
Amy Fuchs  
You know those challenges?

0:27:30.990 --> 0:27:32.180  
Amy Fuchs  
And so we wanna.

0:27:32.190 --> 0:27:34.100  
Amy Fuchs  
We wanna get the truth.

0:27:34.650 --> 0:27:41.580  
Amy Fuchs  
Is there anything else like if you had a magic wand, something else you think might really help, or that you would add to it?

0:27:45.700 --> 0:27:47.390  
Deb  
Umm, I don't know.

0:27:47.440 --> 0:27:53.810  
Deb  
I guess sometimes when John's in the doctor's office, they will ask him what medication he's taking.

0:27:54.260 --> 0:27:54.610  
Amy Fuchs  
Uh-huh.

0:27:57.440 --> 0:27:57.700  
Amy Fuchs  
Yeah.

0:27:54.220 --> 0:28:1.20  
Deb  
And so that's pretty important too, that he knows what he's taking and why he's taking it.

0:28:1.120 --> 0:28:8.280  
Deb  
And I don't know that that goes on to an app, but perhaps you know along with take it with food.

0:28:8.290 --> 0:28:10.320  
Deb  
Here's what you're here's the name of the drug.

0:28:9.770 --> 0:28:10.530  
Amy Fuchs  
Umm.

0:28:10.330 --> 0:28:12.180  
Deb  
And here's why you're taking it.

0:28:12.670 --> 0:28:13.90  
Deb  
I don't know.

0:28:12.680 --> 0:28:15.380  
Amy Fuchs  
Yeah, that that seems like.

0:28:15.390 --> 0:28:26.200  
Amy Fuchs  
Yeah, that what seems like it'd be really helpful and I know that a lot of the apps now like for my pharmacy, I mean, I could go and look at what I'm taking, but it takes me like 10 steps to get there.

0:28:26.830 --> 0:28:27.60  
Deb  
Mm-hmm.

0:28:26.270 --> 0:28:32.480  
Amy Fuchs  
So again, a simple way to just pull up that summary kind of list I think would be would be nice too.

0:28:34.70 --> 0:28:34.380  
Deb  
Mm-hmm.

0:28:32.490 --> 0:28:34.860  
Amy Fuchs  
So that's that's something to think about.

0:28:34.870 --> 0:28:39.200  
Amy Fuchs  
You know, if you could just for the user to actually be able to access that if needed.

0:28:40.240 --> 0:28:40.450  
Deb  
Mm-hmm.

0:28:39.950 --> 0:28:42.10  
Amy Fuchs  
And that's really, really helpful.

0:28:41.590 --> 0:28:45.70  
Deb  
Yeah, would be an element of independence to.

0:28:45.360 --> 0:28:47.260  
Amy Fuchs  
No, right?

0:28:45.80 --> 0:28:50.670  
Deb  
Then you know that you're taking control of your own, you know, outcomes here and.

0:28:51.230 --> 0:28:52.30  
Amy Fuchs  
Umm.

0:28:58.370 --> 0:28:59.50  
Deb  
That's true, yes.

0:28:52.70 --> 0:29:0.780  
Amy Fuchs  
And you're not carrying the Ziploc bag full of all your pharmacy, your pill bottles with you everywhere you go because you have it right there, you know, and you and you can access it.

0:29:0.790 --> 0:29:3.260  
Amy Fuchs  
So yeah, that that's nice too.

0:29:2.160 --> 0:29:3.540  
Deb  
Uh-huh. Yeah.

0:29:3.270 --> 0:29:5.170  
Amy Fuchs  
That's a an extra bonus there.

0:29:6.880 --> 0:29:7.430  
Amy Fuchs  
OK.

0:29:7.440 --> 0:29:10.100  
Amy Fuchs  
Well, I I really, really appreciate your help.

0:29:10.420 --> 0:29:11.570  
Amy Fuchs  
Thank you so much.

0:29:10.770 --> 0:29:13.180  
Deb  
Well, sure. OK.

0:29:11.580 --> 0:29:14.330  
Amy Fuchs  
Like I said you you have been very, very helpful.

0:29:14.340 --> 0:29:15.910  
Amy Fuchs  
I hope I didn't make you too nervous.

0:29:15.920 --> 0:29:18.610  
Amy Fuchs  
And Katie was like, you know, she's gonna be nervous.

0:29:19.510 --> 0:29:19.810  
Deb  
Ohh.

0:29:18.620 --> 0:29:21.550  
Amy Fuchs  
And I was like, no, I I don't wanna make you nervous at all.

0:29:21.560 --> 0:29:26.710  
Amy Fuchs  
I mean, there's nothing formal and so, but I do really think this is helpful.

0:29:26.720 --> 0:29:34.190  
Amy Fuchs  
And if you think of anything else or something comes to mind, or you see something out there and you're like, oh, this would be, this would be really great for them to know.

0:29:34.200 --> 0:29:35.760  
Amy Fuchs  
We'd love, you know, just email me.

0:29:35.770 --> 0:29:36.70  
Amy Fuchs  
Whatever.

0:29:37.20 --> 0:29:37.870  
Deb  
OK, alright.

0:29:36.590 --> 0:30:3.60  
Amy Fuchs  
If you know anybody else, I mean that you've worked with or that you know, I know as a caregiver, a lot of the families kind of work together and you know your experience with other families and stuff, if you know anybody else that would be willing to maybe talk to us, somebody you know is caring for a complicated disabled individual or even somebody who may have someone that could be, you know, independent with something like this.

0:30:3.270 --> 0:30:8.210  
Amy Fuchs  
If you'll just give them my contact information and have them, we'd love to talk to him.

0:30:8.980 --> 0:30:9.300  
Deb  
OK.

0:30:8.520 --> 0:30:11.770  
Amy Fuchs  
And you know, again, we want as many perspectives as possible.

0:30:22.840 --> 0:30:23.380  
Deb  
It is.

0:30:11.780 --> 0:30:25.510  
Amy Fuchs  
We're hoping to get at least 100 people interviewed this summer and you know, the more the more we talk to, the more we're we're gonna hear great ideas and, you know, and also kind of be able to anticipate some of the problems.

0:30:26.260 --> 0:30:26.950  
Deb  
Mm-hmm.

0:30:27.40 --> 0:30:28.60  
Deb  
Mm-hmm. OK.

0:30:25.560 --> 0:30:31.240  
Amy Fuchs  
So so feel free to pass my information on if you know anyone please.

0:30:32.160 --> 0:30:33.140  
Deb  
OK, I will.

0:30:33.640 --> 0:30:34.280  
Amy Fuchs  
All right.

0:30:34.290 --> 0:30:35.930  
Amy Fuchs  
Well, thank you so much, Deb.

0:30:35.700 --> 0:30:36.390  
Deb  
OK.

0:30:36.760 --> 0:30:37.350  
Deb  
You're welcome.

0:30:35.940 --> 0:30:37.370  
Amy Fuchs  
I really, really appreciate it.

0:30:38.140 --> 0:30:38.480  
Deb  
Yeah.

0:30:37.380 --> 0:30:39.170  
Amy Fuchs  
It was great to talk to you.

0:30:39.760 --> 0:30:41.630  
Deb  
Nice meeting you too.

0:30:39.800 --> 0:30:42.180  
Amy Fuchs  
And yeah, yeah.

0:30:41.700 --> 0:30:43.110  
Deb  
Good luck with your project.

0:30:43.590 --> 0:30:44.400  
Amy Fuchs  
Thank you.

0:30:44.410 --> 0:30:46.630  
Amy Fuchs  
Well, we'll get Katie to keep you updated on it for sure.

0:30:47.320 --> 0:30:48.830  
Deb  
OK, alright, sounds good.

0:30:48.220 --> 0:30:49.470  
Amy Fuchs  
Alright, thanks.

0:30:49.620 --> 0:30:50.470  
Deb  
Alright, thank you.

0:30:49.480 --> 0:30:50.640  
Amy Fuchs  
Have a good afternoon.

0:30:50.650 --> 0:30:50.900  
Amy Fuchs  
Bye bye.

0:30:51.260 --> 0:30:52.150  
Deb  
You too. Bye.